

Northeast Delta Dental Mount Washington Road Race

Anti-Doping Policy

The Northeast Delta Dental Mount Washington Road Race has a strict policy against the use of prohibited substances listed on the World Anti-Doping Agency website (www.wada-ama.org).

The Northeast Delta Dental Mount Washington Road Race (MWRR) reserves the right to conduct a post-competition urine analysis on any athlete that competes at the MWRR. The list of substances that will/can be analyzed for are found on the World Anti-Doping Agency website:

<https://www.wada-ama.org/en/content/what-is-prohibited/prohibited-at-all-times/non-approved-substances>.

Substances prescribed by a physician are excluded through this process unless it was used for a non-medical purpose. All substances approved by a physician are subject to approval by the MWRR.

The following acts constitute a violation of the MWRR Anti-Doping Policy. The MWRR has final decision on any determination regarding an anti-doping rule violation:

- Refusal, evasion or failure to comply with drug testing protocols
- Failure to execute the Mount Washington Road Race Anti-Doping Consent Form (post-race for amateurs)
- The presence of a performance enhancing drug in an athlete's sample based on the WADA 2018 prohibited list
- Manipulation and/or signs of tampering of a sample or any other part of the anti-doping process

Collection Process

Drug testing will be conducted by an independent third-party drug test collection agency to ensure the athletes rights are provided in accordance with the World Anti-Doping Code (WADA). All sample collection equipment, transportation of the sample and analysis of the said samples will be in accordance with the World Anti-Doping Code, International Standards for Testing and Investigations (ISTI) and International Standards for Laboratories (ISL).

All athletes who start the race are subjected to anti-doping. Selections for Anti-Doping may come from podium and/or random finishers. All athletes will be notified if they are selected for anti-doping upon completion of their race immediately at the finish line. Once notified, a chaperone will escort the athlete to the doping control station where sealed beverages will be provided.

Athlete privacy is of the utmost concern and therefore will be treated at the highest priority. Anti-Doping restrooms will only be used for Doping Control resources only. No public may access these restrooms.

There are approved delays in reporting for testing including media interviews, medical and awards ceremonies. Unless extenuating circumstances are met the athlete is expected to report to the doping control station immediately.

Sample/Laboratory Guidelines

Each athlete chosen for Anti-Doping will be given a selection of three (3) sealed “kits” to be used to store the urine specimen. All collection equipment, bottles, bags and seals are only to be touched by the athlete until the specimen is sealed.

Each athlete specifically chosen for drug testing will be required to provide the minimum amount needed for sample analysis (90 Milliliters).

Samples will be separated into two bottles. “A” Bottle will be initially analyzed by the laboratory. In the event of an Adverse Analytical Finding (AAF) (*Definition – Indicates presence of prohibited substance in “A” sample*) the “B” Bottle would then be opened by the laboratory to confirm the finding of the “A” bottle.

1. In the event the “B” bottle shows no presence of prohibited substances this shall be considered a “negative” test
2. In the event the “B” bottle confirms the “A” bottle finding this will be considered a positive test.

The Independent sample collection agency will send all samples to a WADA accredited laboratory who will then report all test results to the Mount Washington Road Race.

Any Therapeutic Use Exemptions (TUE) should be submitted by professional and elite athletes prior to the race. Amateur athletes who have not submitted TUEs will be able to apply after the race if selected for testing.

Results Reporting/Announcement

A final determination of any positive test will be formalized and finalized by the MWRR. All outcomes of test results from doping control that took place at the MWRR shall originate from the MWRR.

Penalties and sanctions may include as follows;

- Removal of race results
- Prize and/or travel money withheld
- Ban of registering for future Mount Washington Road Races

If a positive test is found the MWRR reserves the right to announce the positive test on their website by announcing the athletes name.

An athlete may appeal the positive test finding by writing a written request to the Mount Washington Road Race within seven (7) days of notification of the positive test. Once the appeal is received all correspondence will be executed and formalized by MWRR.